

T E N N E Y - L A P H A M N E I G H B O R H O O D A S S O C I A T I O N

NEWSLETTER

SUMMER 1993



Nyoike Ndegwa and his wife Rebecca have joined our growing collection of artistic specialty shops with their Safari Gallery & Boutique at 823 E. Johnson St.

NEW BUSINESSES BLOOM ON EAST JOHNSON STREET

Have you noticed? The Tenney-Lapham neighborhood has become a bustling hub of arts, crafts, and creative expression. The 700-900 blocks of East Johnson Street are lined with stores such as Affordable Futons, The Blue Bead, Burnie's Rock Shop, Glueck Architects, The Neon Room, Papendieck's Upholstery, Positive Images Gallery, Spruce Tree Music, U-Frame It, and the Weaving Workshop. (And don't forget about Newport's Wooden Furnishings in the 1200 block!) Several new shops have opened along the street in the past few months, and there have also been changes at the Norris Court Grocery.

When I walked into **Log Cabin Candles and Creations**, 845 East Johnson Street, Sharon McNelly, the manager, was—what else?—dipping candles. "You start with a core and dip it 20 or 30 times," she told me, and after dipping she had approximately ten minutes to work with the pliable wax of a distinctive carved candle, cutting it with a stylus to create an intricate pattern. After

(continued on page 12)

BLOCK CAPTAINS ON THE MOVE

Now that the weather has finally turned hospitable, be on the lookout for your friendly neighborhood block captain (if you haven't seen one yet this year)! You can always use the membership form in this newsletter to join or renew, too.



ICE CREAM SOCIAL

August 19, 6:30-7:30 pm, 944 E. Gorham

- The city's Bicycle Coordinator (and our neighbor),
- Arthur Ross, will discuss bike safety and future bike
- path plans. Adults \$1, children (12 & under) 50¢.

1993 TLNA NEIGHBORHOOD COUNCIL

PRESIDENT	Ed Jepsen	445 N. Few	255-2845
VICE PRESIDENT	Jim Sturm	443 N. Baldwin	255-6931
SECRETARY	Richard Linster	432 Sidney	251-1937
TREASURER	Rob Latousek	407 N. Brearly	255-6979
BUSINESS	Mark Richmond	824 E. Johnson	258-9888
EDUCATION	Richard March	441 N. Few	255-4102
HOUSING	Joe Brogan	468 Sidney	257-2010
MEMBERSHIP	Richard Linster	432 Sidney	251-1937
PARKS, GARDENS & PLAYGROUNDS	Alan Crossley	459 Sidney	255-2706
	Caroline Hoffman	462 Marston	257-0958
PUBLICITY	Rob Latousek	407 N. Brearly	255-6979
SOCIAL	Anne Katz	419 Jean	256-2958
TRANSPORTATION	Roger Bowden	443 Sidney	258-8666
AREA A Rep.	Carol Weidel	1237 E. Dayton	257-4608
AREA B Rep.	Chris Julson	421 N. Paterson	255-2867
	Dennis Rinzel	941 E. Dayton	255-7189
AREA C Rep.	Ann Rulseh	1217 Elizabeth	257-8695

ELECTED GOVERNMENT REPRESENTATIVES

City Council	David Wallner	419 Jean St.	256-2958
County Board	Judy Wilcox	620 E. Dayton St. #10	255-8913
State Assembly	Tammy Baldwin	100 N. Hamilton #314	266-8570
	P.O. Box 8952	Madison, WI 53708	
State Senate	Fred Risser	235S State Capitol	266-1627
	P.O. Box 7882	Madison, WI 53707	
U.S. House	Scott Klug	16 N. Carroll #600 (53703)	257-9200
U.S. Senate	Herbert Kohl	14 W. Mifflin #312 (53703)	264-5338
	Russell Feingold	8383 Greenway, Middleton 53562	828-1200

The Newsletter of the Tenney-Lapham Neighborhood Association is published quarterly and distributed without charge to all households in the Tenney-Lapham Neighborhood (delineated by Lake Mendota, North Livingston Street, East Washington Avenue, and the Yahara River). Requests for information regarding submissions and advertising may be directed to: TLNA, P.O. Box 703, Madison, WI 53701; or call Publicity Chair above.

CENSUS

WHAT DO CENSUS STATISTICS TELL US?

The 1990 census data for the Tenney-Lapham neighborhood shows that we are relatively representative of the city as a whole in terms of age, race, and monthly rent. However, we have a much higher percentage of non-family households and fewer single-family dwellings than the city averages.

The Tenney-Lapham neighborhood is part of census tract 18. The area encompassing the tract is bounded by Blair Street on the west, East Washington Avenue on the south, Fordem Avenue on the east, and Lake Mendota to the intersection of Sherman and North Sherman Avenues to the north. Tenney Lapham neighborhood is wholly incorporated within census tract 18 but the tract also includes the portion of Old Marketplace Neighborhood from Livingston to Blair Streets. The eastern portion of the tract includes

the large apartment complexes of Camelot Apartments, Sherman Terrace and Lakewood Gardens.

The census showed 5785 people living in census tract 18, or three percent of Madison's population of 191,262. The percentage racial makeup of the area (city) was white: 91.9% (90.7%); black: 4.4% (4.2%); American Indian, Eskimo, Aleut: 0.7% (0.4%); Asian: 1.9% (3.9%); and other: 1.1% (0.7%).

The median age of our neighborhood was 28.8 compared to the city's average of 29.6. The age group of 25-34 was the most heavily represented with 1916 individuals. There were 296 children aged 0-4 and 197 senior citizens over 74 years.

(continued on next page)

We're in the neighborhood
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CENSUS

(continued from previous page)

Of the 2999 housing units in the neighborhood, 583 were owner occupied, 2369 were rental occupied, and 47 were other. Of the 2855 occupied units, 1119 were occupied by one person, 1029 were occupied by two persons, and 707 were occupied by three or more persons.

The median rent for our neighborhood was \$443 compared to the city's average of \$430. There were 22 fortunate households who paid less than \$100 in rent while 790 households paid more than \$500 monthly. In 1980 the median rent was \$234.

Just 20.8% of the housing units were single family dwellings compared to the city average of 47.6%. There was a vacancy rate of 4.8% in all housing units compared to the city vacancy rate of 3.4%.

There were 352 families with children

under the age of 18 in our neighborhood including 196 married couples with children, 127 with a female head of household, and 29 with a male head of household.

The breakdown in marital status was: never married males 1801, females 1443; now married and together males 584, females 587; separated males 38, females 55; widowed males 21, females 159; divorced males 208, females 302.

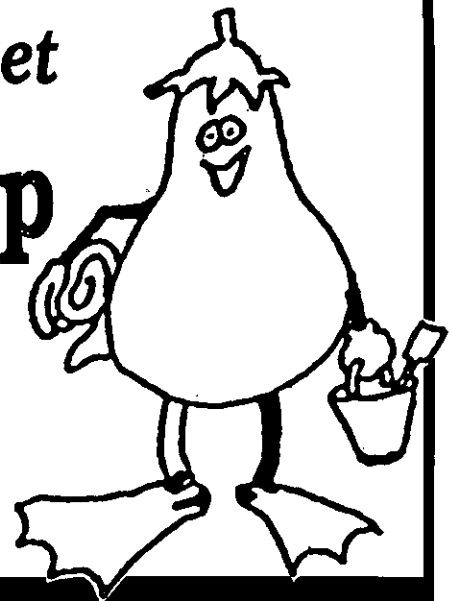
One of the interesting trends that developed between 1980 and 1990 was that the number of owner-occupied units in the neighborhood actually dropped from 586 to 583. The percentage of owner occupied units dropped from 22.2% to 19.4%. This goes against the perception by some that the neighborhood is being "gentrified."

All census data are available from the reference desk of the Madison Public Library.

Bob Shaw

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8-9 Daily

ALDER'S REPORT

IS IT REALLY SUMMER? Despite the abundance of rain and grey days, the lifeguards have hit the beaches, school is out, and the calendar says it's indeed summer. It's also a time for your City Council rep to hit the streets and keep working on a variety of projects.

Within the next few weeks, I'll schedule a ride-along with neighborhood police officers; visit the fire station on Williamson Street to discuss staffing and budget issues with firefighters; tour the district with engineering and forestry staff to discuss street repairs and new terrace tree planting; and meet with parks staff to discuss summer park improvements.

I'll also try to set up a district-wide forum this summer to discuss various issues with Second District residents. And at some stage, I'll try to get in some canoe trips and biking on the state's marvelous trail system. Enjoy those lazy days of summer.

TRAFFIC NEWS— I'm working on two traffic safety issues, which I hope will show progress by summer's end. First, I've asked Dept. of Transportation staff to find ways to improve pedestrian safety at the **First and East Johnson intersection**. For pedestrians from the Fordem area apartments or Sherman Terrace, that's a tough corner to get across for those who walk to the shopping center.

And I've initiated discussions to improve conditions on the "S" curve on East Gorham between Baldwin and Few streets. Several accidents have occurred on that tricky stretch of road, most often caused by speeding cars. I'll meet with Traffic Engineering staff to look at various options, including a possible guard-rail to protect pedestrians going to the bus stop.

Major street and curb-and-gutter work should get underway soon on N. Second and E. Dayton streets from First to Fourth streets.

(continued on next page)



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ALDER'S REPORT

(continued from previous page)

PARKS UPDATE—New trees will be planted this summer on the island at Tenney Park, and more landscaping is on tap along the Yahara near the boat launch area. The island shelter will get a new roof, and soccer goalposts should be put in at the island playing field by this fall. (Just in time for next year's soccer World Cup matches in the U.S.) And if it ever stops raining for more than a few hours, the new accessible path will also be done by summer's end. (See map on page 10.)

At James Madison Park old trees and stumps will be removed around the scenic overlook at Blount Street. And the Mendota Rowing Club will use and help maintain the park's shelter during their summer rowing season. Planning work will continue this summer for the future lakeshore path that will link the two sections of the park. Work on the path and the overlook depend on getting money in next year's parks budget. This effort, plus new playground

equipment at Reynolds Field, are two of my top parks priorities for 1994. And, in case you missed it, the Parks Commission agreed to preserve the two historic homes in the park.

TAKE A BOW, PLEASE!!—If you've missed it, check out the new look on Curtis Court behind the Avenue Bar. Last year city staff cut out old concrete to create a terrace, and then planted new trees along the Court. This spring, thanks to
(continued on page 11)


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CRIME PREVENTION

At the Winter Potluck in January the Police Department gave us a rather positive report on the amount of crime they run into in our neighborhood, as compared with regional and national statistics. Many people have asked for suggestions on what they themselves can do in the way of personal crime prevention.

The following tips on how to burglar-proof a home are compiled from handouts available from Madison Police Dept's crime prevention officer, Mike Matteson. For more information, Matteson can be reached at 266-4238.

None of the tips guarantee a burglar won't hit your home, but they may be enough of a deterrent to send the burglar elsewhere.

For the exterior: Clear out or cut back shrubbery and trim trees that obstruct a clear view of the entrances and windows of your home.

Make sure your entrances are well lighted, with the lights out of reach from the ground level.

Make sure your address is readily visible from the street, so witnesses can easily report anything and authorities can quickly find your house.

For the house: Use sturdy, snug-fitting doors, with 180-degree viewers. Door windows should be at least 40 inches from the lock, so a burglar can't just break a window and reach in and unlock your door.

Install dead-bolt locks and door jammers.

Make sure door hinges are on the inside.

If you have a sliding patio door, use anti-slide bolts, a "charlie bar" in the track, and keyed locks.

Windows should be pinned or key locked, and bars or grating should be installed for

street-level and basement windows.

Ornamental steel bars should be installed around air conditioning units in windows.

Always secure your house when you leave.

Don't leave spare keys hidden outside your home. Give an extra key to a trusted friend or neighbor.

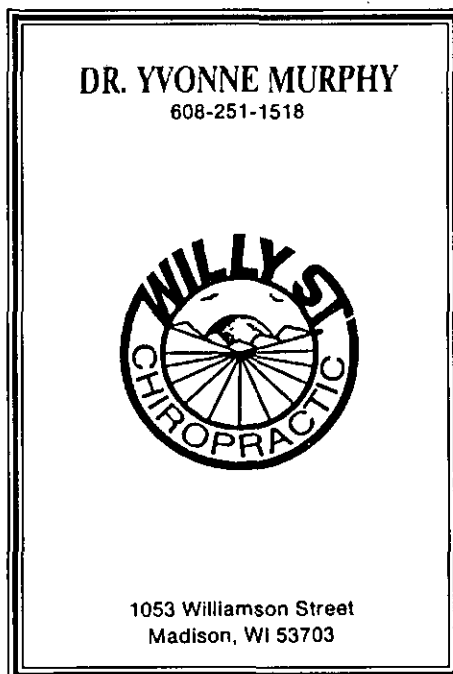
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CRIME PREVENTION

(continued from previous page)

Use automatic timers on lights and appliances.

Find an unpredictable place to hide valuables in your home, such as under a movable floorboard.

Store little-used valuables such as stock certificates in a safe deposit box.

Alarms: Contact a reputable alarm company and be guided by its advice.

When on vacation: Have someone mow your lawn, shovel your walk and pick up newspapers and mail.

Ask a trusted friend or neighbor to vary the position of the shades and/or drapes.

Other recommendations: Join Operation ID and mark your valuables with your driver's

license number. Keep an inventory of your valuables.

Join a Neighborhood Watch Program, or start one if your neighborhood doesn't have one. Call officer Matteson at 266-4238 or your local police department for more information.

If you lose the keys to your home, change your locks immediately.

Never open your door to someone you don't know without first verifying that person's identity.

If you are burglarized: Call the police from another location. Do not enter your home until police have checked it out.

Provide police with an inventory of items taken.

Cooperate in the prosecution if the burglar is caught.

VITAMIN C AND THE IMMUNE SYSTEM

Only high doses of vitamin C lower histamine levels, and that may give the immune system a boost, according to a small study from Arizona State University.

Histamine is released by most body tissues in response to chemical, physical, or immunological stress (such as hay fever and allergies). A modest boost in histamines can enhance healing and the response to stress. But too much can impair the immune system.

Carol Johnston gave nine healthy men and women either a placebo, 500 milligrams of vitamin C, or 2,000 milligrams of vitamin C for two weeks. Histamine levels dropped significantly (about 40 percent) only after 2,000 milligrams of vitamin C.

"We wanted to see at what level the anti-histamine effect kicked in," explained Johnston. "If you choose carefully, you can get 500 milligrams from foods. But to get the anti-histamine effect, you have to supplement."

"Whether the anti-histamine effect keeps people healthier is not clear, she adds. "Vitamin C improves the way white blood cells move around. We need further studies to see if it reduces the duration of infection."

"Two participants complained of a dry nose and nosebleeds at 2,000 milligrams a day. And ascorbic acid—the form of vitamin C used in the study and in most supplements—caused diarrhea in three others, even at 500 mg a day."

"Calcium or sodium ascorbate might be better tolerated," said Johnston.

(Nutrition Action Healthletter, November 1992)



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PARKS & GARDENS

GARDEN TOUR PLANNED FOR FALL

In an attempt to try a new twist on the usual Tenney-Lapham Neighborhood Garden Tour, the organizing committee has decided to schedule the tour in early fall this year--to see what different plants are in bloom then and to give the vegetable gardeners a chance to show off their bountiful harvest.

This year's tour is set for **Saturday, September 18, 11 am-3 pm**. Program/tickets will be sold at the Lapham School parking lot. Adults \$2, children (16 and under) \$1.



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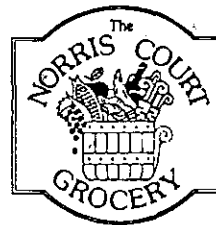
Harry Kies, Proprietor

There is still time to nominate a garden for the tour (either yours or someone else's). This year the tour area will be the northeast half of the neighborhood (anyplace east of Ingersoll St.). To nominate a garden, or for more information about the tour, call **Rob Latousek 255-6979**.

TENNEY PARK TO GET ACCESS PATH

The City of Madison has provided special funding for the creation of a paved pathway through Tenney Park to make the park more accessible to people with wheelchairs and others. All the bridges to the island will be connected, and a much-needed pathway along Johnson Street is also included.

A map of the planned pathway (black dotted line) is shown on the next page. Construction is expected to occur sometime this summer.



**COMING
THIS
SUMMER...**

- Frozen yogurt cones--make your own
- Fresh baked pies on Sundays
- Nut Club Cheesecakes and Giant Gourmet Muffins
- Expanded deli with rice and pasta salads
- Seafood Lasagna--Wednesday Special
- Deli sandwiches daily
- Farmers' Market Products coming in the fall
- Picnic Fried Chicken for weekend take-out
- Customized ordering for special customers (all of you!)
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We are under new ownership, and we're eager to serve you. Please let us know how we can improve our products and services, so we can be a valuable neighborhood store.

902 E. Johnson St.

256-2075

ANNOUNCEMENTS

PRAYER MEETINGS CONTINUE

An interdenominational prayer group which focuses on the needs and issues of the Tenney-Lapham neighborhood continues to meet on the first and third Wednesday of the month, 7:30-9 pm. All interested residents are welcome. Call Dennis Rinzel 255-7189 or Kermit Hovey 259-0067 for more information and to confirm meeting time and location.

TLNA NOMINATING COMMITTEE FORMS

Any TLNA members wishing to serve on the Nominating Committee to put together a slate of nominations for the TLNA Neighborhood Council should submit their name to Ed Jepsen 255-2845 by July 31.

JOIN TLNA!

Send this form with Minimum dues:
dues (see right) to: Adult (ea.) \$2.00
TLNA, P.O. Box 703, Senior 1.00
Madison, WI 53701. Business 5.00

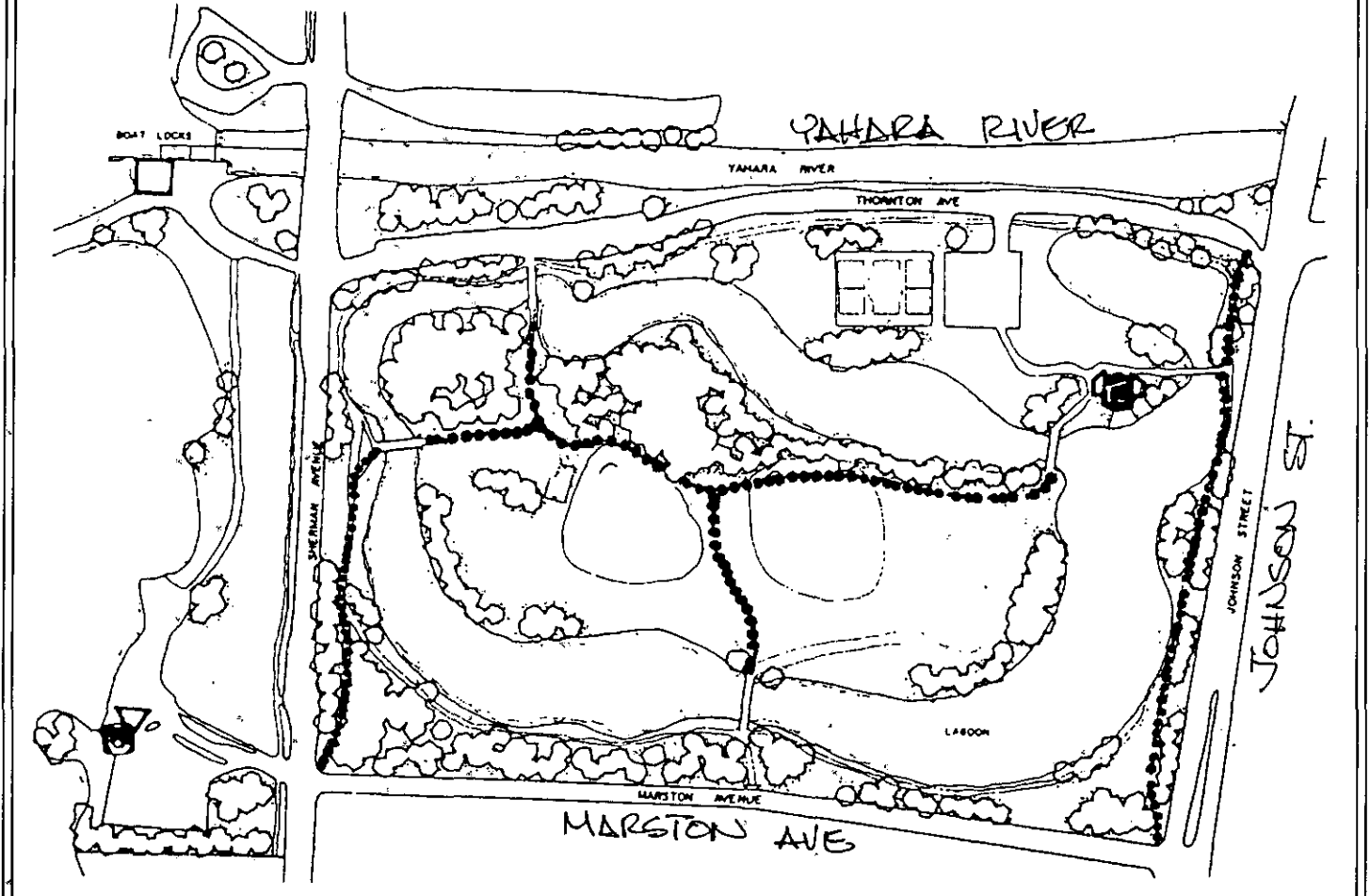
Additional contributions welcome!

Name: _____

Address: _____

Phone: _____

PLANNED TENNEY PARK ACCESS PATH (PAVED)



ALDER'S REPORT

(continued from page 6)

people like Karen Banaszak, Jeff Reinke, John Belknap, Tom Melms at Badger Cab, Skip Zach at the Avenue Bar, and other residents, new shrubs and flowers have sprung up. If you're interested in donating a little time or money for this marvelous neighborhood project, contact Karen and Jeff at 257-9461.


And hats off to Brian Goldsworthy, who retired recently as editor of the Old Market Place Neighborhood newsletter. Brian has done a great job over the years putting out one of the best neighborhood newsletters in the entire city.

While we're giving out bouquets, let's not

forget Tenney-Lapham resident Roger Bowden, who's renovating the old Legion Hall on N. Few St. for offices. When completed, it should be a fine upgrading of that old building. And one more thank you for all the folks who have worked on the Tenney Nursery project on E. Mifflin. Alan Crossley and Tricia Bowden in particular have put in countless hours to assure that the nursery stays in the area.

And finally, a bow to the people at The Avenue on E. Washington Ave. who have worked so hard to put in new landscaping and flowers on the grounds surrounding the MMHA building.

Ald. David Wallner



Mildred's
SANDWICH SHOP

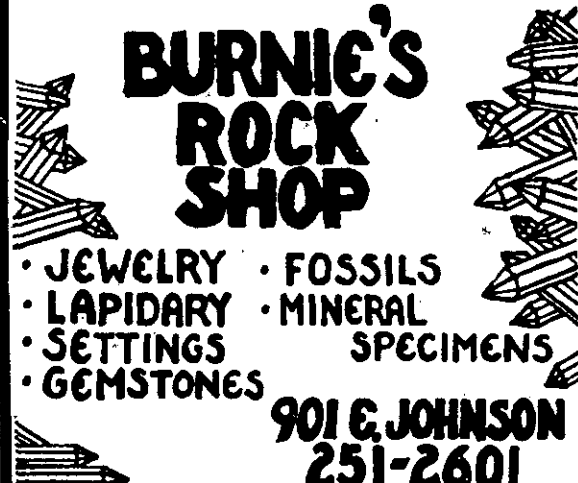
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In the Third Lake-Market

282-7050

BUSINESS

(continued from page 1)

the candle is carved, acrylic glaze makes it shiny and protects it to up to 140 degrees. Log Cabin Candles and Creations opened on June 1. The owner, **Larry Hopp**, has displayed candles at Renaissance fairs around the Midwest and in

Florida. He will continue to display at fairs into the near future, but is looking to cut back on the traveling and devote more time to the store. Fifteen to twenty different styles, with 16 or 17 different scents, of candles are sold at Log Cabin, and everything in the store is hand-made.(cont.)

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BUSINESS

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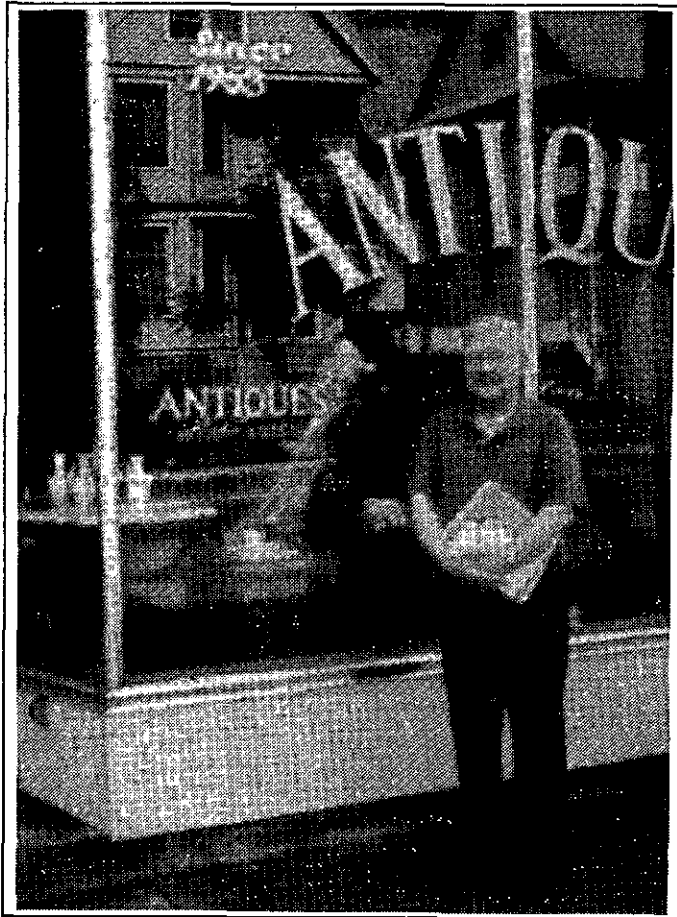
The T-shirts are hand-screened and one-of-a-kind. Sharon, who trained for five years with a candlemaker at Wisconsin Dells, makes all the carved candles in the store, and Larry makes the scented ones.

Safari Gallery and Boutique began life in October at a location far out on East Washington Street, but by April had changed locations and moved into the old Literacy Council space at 823 East Johnson Street. **Nyoike and Rebecca Ndegwa** have brought traditional and contemporary African art, clothing, jewelry and other items to the Tenney-Lapham neighborhood. The items in the shop come from all over Africa; Nyoike and Rebecca do as much of the buying themselves as possible. Safari features art objects from East Africa, and beautiful clothing and fabric, mainly from West Africa. Nyoike estimates

that he and Rebecca have made 85% of the clothing in the shop. Safari Gallery hours are Monday-Saturday, 10 am-7 pm; Sunday, 12-4 pm.

Harry Kies has been an antique dealer for many years. Working out of his home, he moved back and forth between Mineral Point and Madison several times, but finally, in 1987, came back to Madison to stay. He opened **Kies Antiques** at

(continued on next page)



Harry Kies in front of his new antique shop.

PIZZA	Each	Extra	White or wh. wheat crust;
SM \$ 4.50	1.00	0.90	Freebies:
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LG 6.75	1.40	1.20	Extra sauce
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Veggie Sub 3.40	Prosciutto Sub	3.60
Turkey Sub 3.50	Meatball or Sausage	3.40
Pastrami Sub 3.60	Meatball or Sausage	
Tuna Sub 3.40	Parmesan (w/cheese)	3.75

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Lasagne (House specialty), meat or veggie	5.65
Meatball or Sausage Platter	4.25
Eggplant Parmesan	4.45
Spaghetti with tomato sauce	3.90
Extras: meatballs, sausage, mushrooms	0.95
Garlic Bread	1.35
Super Garlic Bread with sauce & cheese	1.95

SALADS

Antipasto 3.85	Dinner Salad	1.65
	Chef Salad	3.85

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